




Mansoureh
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DATE OF BIRTH:
18/08/1973


CONTACT

Nationality: Iranian

Gender: Female

 Unit 7, #1, Cross section of Shariati and Mirdamad St, Nik Andishan Psychological Clinic Tehran, Iran

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WORK EXPERIENCE

2020 - CURRENT - Tehran, Iran

Head of Educational Development Office

Razi Psychiatric Centre

2016 - 2017 - Tehran, Iran

Coordinator of Non-pharmaceutical And Rehabilitative Treatments

Razi Psychiatric Centre

02/2016 - 12/2016 - Tehran, Iran

Head of Health Promotion Training Program

Razi Psychiatric Centre

2014 - 2015 - Tehran, Iran

Psychotherapy Fellowship Assistant

Roozbeh Psychiatric Hospital

2013 - 2014 - Tehran, Iran

Student Counselling Centre

Iran University of Medical Sciences

2013 - 2014 - Tehran, Iran

Vice Chancellor in Treatment Affairs

Razi Psychiatric Center

2008 - CURRENT - Tehran, Iran

Psychiatrist

Nik Andishan Psychological Clinic

2003 - CURRENT - Tehran, Iran

Psychiatrist

Razi Psychiatric Centre

2003 - 2007 - Tehran, Iran

Psychiatrist

Ministry of Education Counselling Centre

2003 - 2006 - Tehran, Iran

Psychiatrist

Afarinesh Counselling Centre

2003 - 2006 - Tehran, Iran

Psychiatrist

- Reyhaneh Charity Centre
2000 - 2003 - Tehran, Iran
Psychiatry Resident
Razi Psychiatric Centre
- **01/2000 - 09/2000** - Shahrekord, Iran
Crisis Situation Physician
State Welfare Organization
- **1998 - 2000** - Shahrekord, Iran
Emergency Physician
Hajar Hospital
- **1998 - 2000** - Shahrekord, Iran
General Physician
Women's Sports Medicine Society

EDUCATION AND TRAINING

- **09/2014 - 06/2016** - Tehran, Iran
Fellowship in Psychotherapy
Tehran University of Medical Sciences
- **09/2000 - 05/2003** - Tehran, Iran
Specialty in Psychiatry
University of Social Welfare and Rehabilitation Sciences
- **09/1991 - 05/1998** - Shahrekord, Iran
General Physician
Shahrekord University of Medical Sciences

LANGUAGE SKILLS

MOTHER TONGUE(S): Persian

OTHER LANGUAGE(S):

English

Listening
C1

Reading
B2

**Spoken
production**
C1

**Spoken
interaction**
C1

Writing
C1

German

Listening
B1

Reading
B1

**Spoken
production**
B1

**Spoken
interaction**
B1

Writing
B1

Arabic

Listening
A2

Reading
C1

**Spoken
production**
B1

**Spoken
interaction**
A2

Writing
A2

SCIENTIFIC AND PROFESSIONAL SKILLS

- **2019**
Balint group leader at Ali Asghar Children Hospital
- **2019**
Group therapist in projective arts for chronic mental illness patients at Razi Psychiatric Centre
- **2018 - 2020**
5 Balint groups' leader at Razi Psychiatric Centre
- **2006 - CURRENT**
Analytical psychotherapist with contemporary object relations approach
- **2004 - 2017**
Analytical family therapist
- **2003 - 2015**
Analytical outpatient group therapist

PROFESSIONAL TRAINING

- 2021
 - Fundamental skills for teaching workshop by Dr. shokooh and Hosseini
- 2021
 - Play therapy and Gamification workshop at 2nd national medical education seminar
- 2021
 - Team base learning workshop by Dr. Hasan zade and Alizadeh at 2nd national medical education seminar
- 2020 - CURRENT
 - Attending Dr. Sakhi's group and individual supervision sessions
- 2020
 - Article reading workshop by Dr. Hadavi
- 2019
 - Report writing workshop at the first national juridical challenges of psychiatric patients conference
- 2018 - 2019
 - Attending infant observation workshop at University of Tehran's psychotherapy department with Dr. Megana's supervision
- 2018
 - Psychotherapy in Latin America by Dr. Panahi on Skype
- 2018
 - Balint leadership at Kerman University of Medical Sciences (1 day)
- 2017 - 2018
 - Balint leadership workshop at Universoty of Welfare and Rehabilitation (3 one-day workshops)
- 2017
 - Grounded theory international workshop for 12 hours at research methodology workshop
- 2016 - 2018
 - Balint leadership workshop (4 two-day workshops) at Universoty of Tehran
- 2016
 - Social and society oriented psychiatry by association of Iranian psychiatrists
- 2015 - 2016
 - Article writing workshop
- 2015
 - Attending Dr. Sanati' s couple therapy course
- 2015
 - Sibling rivalry and envy and infidelity-envy

● **Introduction to Fairbairn and Winnicott course by Dr. Sobhani**

2015

● **Electronic resource search at Tehran University of Medical Sciences**

2015

● **Couple therapy with cognitive-behaviour approach course by Dr. Motaabi**

Shahid Beheshti couple therapy centre

2015

● **Introduction to Klein and Bion course by Dr. Sagart**

2015

● **Spiritual therapy workshop by Dr. Mohammadi**

2014 - 2015

● **Dr. Sanati's group therapy course (70 sessions)**

Introduction to the group therapy(Group analytic psychotherapy, Harold Behr) and review of Bion and Fucks, and other contemporary group psychotherapy schools.

2014 - 2015

● **Attending Dr. Sanati's journal club**

Holding and containing, Envy, Narcissism, Instincts, Unconscious, Melancholia, Structural theory, Schizoid Position, Controversial discussions .

2014 - 2015

● **Fundamentals of cognitive-behaviour therapy and special treatments (obsession, general anxiety and depression)**

2014 - 2015

● **Introduction to psychotherapy schools by Dr. Mokri at Roozbeh Hospital**

2014 - 2015

● **Attending analytical group therapy sessions**

Narcissism, Envy, Sibling rivalry, Rejection, Therapeutic factors, Odipus complex

2015

● **Spiritual therapy workshop by Dr. Noorbala**

2015

● **Attending analytical group therapy supervision sessions (for 210 hours) by Dr. Sanati**

2015

● **Attending analytical individual supervision sessions (for 40 hours) by Dr. Sanati**

2015

● **Attending 70-hour individual and 105-hour group analytical supervision sessions by Dr. Roshanaie**

2015

● **60-hour analytical group supervision course by Dr. Sagart**

2015

- **Attending psychotherapy in patients with border line personality workshop by Dr. Rezaie**
2014 - 2015
- **Observing and attending analytical group therapy sessions (72 sessions)**
Narcissism, Rejection, Therapeutic factors, Oedipus complex, Envy, Sibling rivalry
2014
- **Psychotherapy in psychosomatic disorders workshop**
2014
- **Family therapy course by Dr. Rad**
2014
- **Introduction to psychotherapy schools by Dr. Roshanaie**
Introduction to Ego psychology, Object Relation theory, Self-psychology and others
2014
- **Attending couple therapy supervision sessions (54 sessions) By Dr. Roshanaie and Sanati**
Envy, Narcissism, Object-relation, Over controlling, Extra marital relationship, Anger management, Schizophrenia disorder, GAD
2010 - 2014
- **Student of analytical psychotherapy at Tehran psychotherapy institute**
2010
- **A review on psychotherapy concepts course at Tehran psychotherapy institute**
2004 - 2006
- **Analytical group therapy course at Roozbeh Hospital**
2002 - 2003
- **Teaching life skills at school course by Dr. Bina**
2002
- **Family therapy course by Dr. Moradi during residency**
2001 - 2008
- **Roozbeh Hospital observation group**
2001
- **CBT course by Dr. Kaviani during residency**

PUBLICATIONS

- **Psychometric Properties of the Leahy Emotional Schema Scale-II among Iranian Students**
2021
International Journal of Cognitive Therapy
- **Telepsychiatry Experience During the Covid-19 Pandemic at the Razi Psychiatric Hospital in Iran- A Case Report**
2021
ASEAN Journal of Psychiatry
- **Tele-observation of infants discussed in online infant observation seminars during the 'new normal' of the Covid-19 Pandemic**
2020
International Journal of Infant Observation
- **Online Balint groups in healthcare workers caring for the Covid-19 patients in Iran**
2020
Psychiatry Research
- **Restoring the Core of Clinical Practice: What is a Balint group and how does it help? (book)**
2019
Translated by M. Kiani Dehkordi, N. Ahmadi, S. Gholamzad
- **Balint Group Work: Analyzing Profesional Relationships (book)**
2018
Translated by M. Kiani Dehkordi, N. Ahmadi
- **The effectiveness of interpersonal psychotherapy on cognitive emotion regulation and post-traumatic processing strategies of female students with social anxiety**
2017
Journal of Psychological Studies, Faculty of Educational Sciences and Psychology, Al-Zahra
- **Reducing the Stigma of Mental Illness (book)**
2009
Translated by a group of translators
- **Investigating the objective and intervening factor of resilience in substance dependence in boys with addicted fathers**
2005
Hakim journal
- **The effects of percutaneous electrical stimulation (TENS) on labor pain**
2001
Shahrekord University of Medical Sciences journal

CONFERENCES AND SEMINARS

2020

● **Basic level group analytical therapist training workshop**

Private practice

2019 - 2020

● **Introduction to analytical psychotherapy periodic scientific conferences**

University of Social Welfare and Rehabilitation

2019

● **Psychiatric disorders for judges workshop**

Psychiatry patients' legal and judicial challenges first national conference

01/2018

● **2 day IPT workshop**

Gilan Varkeshapas Institute

2018

● **3 day IPT workshop**

Shiraz University of Medical Sciences

11/2017

● **2 day IPT workshop**

Gilan Varkeshapas Institute

2017

● **50 hour Kaplan reading workshop for clinical psychology graduates**

University of Tehran counselling centre

2017

● **Clinical interview for clinical psychologists workshop instructor**

Razi psychiatric centre

2017

● **Dynamic interpersonal therapy in depression and anxiety workshop instructor**

Annual conference of the association of Iranian psychiatrists

2017

● **Dynamic interpersonal therapy in depression and anxiety workshop instructor**

Scientific association of psychotherapy first national conference

2013

● **Grief counselling workshop instructor**

Tehran University of Medical Sciences

2012

● **One day IPT workshop**

Personality disorder symposium, Roozbeh psychiatric hospital

2009

- **Workshop instructor for group therapy in HIV patients for state welfare organization's employees**
2009
- **One day IPT workshop**
Annual conference of the association of Iranian psychiatrists
2006
- **One day IPT (interpersonal psychotherapy) workshop instructor**
Annual conference of the association of Iranian psychiatrists
2004 - 2005
- **Workshop instructor on life skills in women's improvement society**
2004
- **Workshop instructor on addiction for ministry of education employees**

ARTICLES PRESENTED IN SEMINARS

- **Balint groups and its application - Lecture and group performance on stage - Tehran Psychiatric Institute**
Lecture
- **Online Balint groups in healthcare workers during COVID-19 outbreak in Iran: a pretest post-test study, at The first International Conference of COVID-19 and Health System: The Lessons Learned**
Poster, hosted online by Zanjan University of Medical Sciences
- **Experience of Iranian healthcare workers with participation in a Balint Group work on the COVID-19 Disease Crisis, at The first International Conference of COVID-19 and Health System: The Lessons Learned**
Poster, hosted online by Zanjan University of Medical Sciences
- **Comparing the Effectiveness of Online Balint Group Work with Pharmacotherapy in Coronavirus Anxiety in Healthcare Workers in Iran: A randomized Clinical Trial, at The first International Conference of COVID-19 and Health System: The Lessons Learned**
Lecture at Zanjan University of Medical Sciences
- **2021**
- **Twenty-seventh Session of Dynamic-Cognitive Psychiatry Webinars: Terminating in Psychotherapy**
Lecture
- **2020**
- **Study the effects of Covid-19 Disease on anxiety and psychological distress in individuals in Iran at World Conference on public Health**
Lecture
- **2020**
- **Balint Groups: The Nuts and Bolts of Making Better Nurses 19th WADP for Dynamic Psychiatry**
Lecture
- **2019**
- **First National Congress on Legal and Judicial Challenges of Psychiatric Patients**
Poster
- **2019**
- **A Survey of Psychiatrists and Assistants Participating in Interpersonal Psychotherapy Workshop for Depression, Annual Congress of the Scientific Association of Psychiatrists**
Poster
- **2019**
- **Interpretation of Mahin Documentary - Iranian Jurisprudential Association**
Lecture
- **2018**

- **Missing Pieces, Lecture at the Conference on the Role and Place of Arts in Rehabilitation, Razi Psychiatric Center in collaboration with the World Children's Institute**
Lecture
2018
- **Resilience in Health Professions Education - University of Social Welfare and Rehabilitation Sciences**
Panel
2017
- **Psychotherapy in the Internet Age, the first conference of the Iranian Scientific Association of Psychotherapy**
Poster
2016
- **Incestuous feeling and Disgust, symposium at Roozbeh Hospital**
Lecture
2016
- **Comparison of English and Persian-language cultures in the variety and intensity of emotions, Conference on Cognitive-Behavioral Psychotherapy**
Lecture
2014
- **Interpersonal psychotherapy in mood disorders**
Lecture
2013
- **Theory of object relations and group therapy, in the annual congress of the Scientific Association of Psychiatrists**
Lecture
2012
- **Narcissism from Kohat's point of view in the Symposium on Personality Disorders of the Iranian Scientific Association of Psychiatrists**
Lecture
2010
- **TFP for the treatment of borderline patients and presentation at the Annual Congress of the Association of Psychiatrists**
Poster
2006
- **Interpersonal Psychotherapy Techniques at the Annual Congress of the Scientific Association of Psychiatrists**
Lecture
2006
- **Interpersonal Psychotherapy in the Treatment of Depression in a Patient with Lupus Erythema at the Second International Congress of Interpersonal Psychotherapy in Toronto, Canada**
Poster
2005

● **Psychotherapy and Yoga, International Yoga Congress, India**

Lecture

1995

● **Descriptive study of the condition of Kalazar (visceral leishmaniasis) in Chaharmahal Bakhtiari province in Jorjani Shiraz student seminar**

Poster

PROJECTS

2019

The effect of participation in Balint group on personality traits and perceived stress on nurses of Razi Psychiatric Center

2018

Survey of life expectancy and happiness in students of Shahrekord University of Medical Sciences in 2018

Shahrekord University of Medical Sciences

2017

Investigating the effective factors on the effectiveness of participating in long-term analytical group therapy instead of single-sex groups from the perspective of participants based on Dr. Yalom questionnaire

Tehran University of Medical Sciences

2017

Evaluation of the effect of participating in a long-term analytical group therapy instead of single-sex groups on personality variables and psychiatric symptoms: a one-year cohort study

Tehran University of Medical Sciences

2017

Evaluation of reliability and validity of Leahy emotional schema questionnaire (LESS II) in students

Tehran University of Medical Sciences

2017

The relationship between managers' personality type and staff health in Shahrekord University of Medical Sciences

Shahrekord University of Medical Sciences

2016 - CURRENT

'Noor Iman' School Management Excellence Plan

2016

Assessing the reliability and validity of Gratz and Roemer Difficulties in Emotion Regulation Scale (DERS) Questionnaire in students

Tehran University of Medical Sciences

2016

Evaluation of stress, anxiety and depression and their effective factors among Shahrekord medical students in the academic year of 2015-16

Shahrekord University of Medical Sciences

2004

Comparative study of Risperidone and Haloperidol regimens in schizophrenic patients admitted to Razi Hospital

University of Social Welfare and Rehabilitation

NETWORKS AND MEMBERSHIPS

2021 - CURRENT

- **Alternate member of executive committee of psychotherapy in scientific association of Iranian psychiatrists**

2021 - CURRENT

- **Member of executive committee of somatosensory in scientific association of Iranian psychiatrists**

VOLUNTEERING

2019 - CURRENT

- **Psychiatrist, Psychotherapist and Group Therapist**
Schizophrenia patient support association

1996 - CURRENT

- **Member of patients with kidney disease support group**
Shahrekord

2003

- **Psychiatrist**
Bam earthquake
As a member of world physicians association

TEACHING EXPERIENCE

2020

Analytical group therapy course

Private practice

2020

Online Balint groups for trainees

2020

ISTDP course for psychiatric residents

Razi psychiatric centre

2020

Supervision of the analytical group for psychiatric residents

Razi psychiatric centre

2019

Observation of individual psychotherapy sessions

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents and Psychologists

2019

2 Group Analytical Supervision in collaboration with the supervisor of modern psychoanalysis

Online

2017

Couple therapy observation

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents

2016 - 2019

Analytical Group Supervision

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents and Psychologists

2016

Individual analytical supervision

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents

2010 - CURRENT

Analytical psychotherapy

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents and Psychologists

2010 - CURRENT

Interpersonal psychotherapy

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents

2010 - 2020

Group therapy

University of Social Welfare and Rehabilitation Sciences, Psychiatric Residents

2008 - 2014

● Analytical psychotherapy

Tehran University of Medical Sciences, Department of Psychotherapy,
Psychiatric Residents

2008 - 2013

● Interpersonal psychotherapy

Tehran University of Medical Sciences, Department of Psychotherapy,
Psychiatric Residents

THESIS

2019

● Comparison of mothers' reflective capacity and eating disorder of preschool children based on breastfeeding patterns

Advisor

2016

● The effectiveness of interpersonal psychotherapy on cognitive emotion regulation and post-traumatic processing strategies of female students with social anxiety

Clinical work supervisor

2015

● Multicenter study of therapeutic factors (Yalomi) in patients referred to outpatient group therapy - self-report study in 2014-2015

Clinical work supervisor

2014 - 2015

● Multicenter study of changes in collectivism and individualism during 6 months in outpatient group referrals - self-report study

Clinical work supervisor

DESIGNING TRAINING COURSES AND DEVELOPING PROTOCOLS

2021

● Basic level analytical therapist training course

The training course with the mentioned title was developed with the aim of training a group of prominent therapists to help promote the mental health of the community.

2020

● Guidelines for Psychosocial Support for Therapists for Patients with Covid-19

The clinical protocol was developed to provide supportive guidance for therapists.